



IDC Therapy Programs

Individual/Family Programs:

Five-Day Program:

This family-oriented program is designed to provide therapeutic intervention to children (3+ yrs old) and adults with disabilities, illnesses, and unique challenges. This dual component program consists of time in one of our individual classrooms and time in the water with our dolphin family. The therapy team reviews each application thoroughly to customize the program to meet the specific needs and strengths of the participant. The relationship developed throughout the five days with the dolphins may foster growth in areas such as self-esteem, attention, trust of others, and motivation to continue attempting new tasks. Families are typically at the facility two hours per day. The program is offered year-round; however, please take into account that the water temperatures vary throughout the year. Assistive equipment provided when needed. The cost is \$3,000 for the 5-Day Program. Photos included.

Classroom Activities

(4 individualized sessions)

- each session addresses the goals of the participant and family
- sessions last 45 minutes
- goes hand-in-hand with the water sessions
- various forms of art, play and other activities are designed to enhance fine and gross motor skills, encourage socialization, teach basic academic skills, address sensory needs and motivate communication

In-Water Sessions

(4 individualized sessions)

- participant interactions one-on-one with the dolphins and staff
- sessions last 20 minutes
- sessions are based on utilizing traditional therapy methods paired with the motivation inspired by the dolphins



Assisted Dolphin Interaction:

This program is an opportunity to learn about IDC's facility and therapy program. Participants interaction with our dolphin family with the assistance of a therapy team member. We offer a variety of options based on interest. Guests are at IDC approximately one hour. Availability is limited.

- Dolphin Swim: \$250 per additional participants. 20-minute session. Application required.
- Dolphin Paint: \$100 per painting. \$50 for additional participants. 10-15 minute session. \$20 per lagoon-side observer.
- Dock Interaction: \$100 per participant. 10-15 minutes on the dock. \$20 per lagoon-side observer.
- Lift Interaction: \$180 per participant. 10-15 minute shallow water interaction. Private platform. \$20 per lagoon-side observer.

Virtual Dolphin Experiences:

The sessions last around 30 minutes and include a short tour of the IDC facility along with a 10-15 minute dolphin interaction. Each experience is individualized based on the interests of the participant(s). Storytime alongside a dolphin is also an option. The cost is \$50 per visit. Virtual paint sessions are also available for \$75.

Group Programs:

These programs are designed for small groups and vary based on the participants and their goals. Combining therapeutic goals with a sense of joy is what we strive for. Bringing a group together in a fun and unique setting can often increase socialization and self-confidence. The therapy team will provide assistance when needed. Group programs are traditionally scheduled on Fridays but exceptions do occur.

Dock Group Program:

- typically eight participants per group
- includes a 10-15 minute dolphin interaction from the dock, visit to the open top aquarium, lunch, and therapeutic art project
- contact for more details and pricing



Lift Group Program:

- typically eight participants per group
- includes a 10-15 minute dolphin interaction from the dock, visit to the open top aquarium, lunch, and therapeutic art project
- contact for more details and pricing

In-Water Group Program:

- typically eight participants per group
- includes a 15-minute dolphin swim, visit to the open top aquarium, lunch, and therapeutic art project
- contact for more details and pricing

Veteran Group Program:

- typically twelve participants per group
- available to veterans and their families
- includes a 15-minute dolphin swim, visit to the open top aquarium, lunch, and art project
- contact for more details

* pregnant women not allowed to swim